

V | O | O | P

VITAMINS | COSMETICS | SPORTS

It Feels Good...

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ABOUT US?

Full Supplement is a company established in 2019 and dedicated to providing quality products for human health by developing innovative health products. In addition to strive to reduce the negative effects of changing living conditions on human health, the company has also adopted the principle of offering individuals a healthier, higher quality lifestyle both physically and mentally. As Full Supplement, we work to benefit human health in natural food supplements and self-care and to increase people's quality of life. We bring natural food supplements and self-care products to the end consumer so that one can lead a healthy and quality life. During this process, we are committed to our principles of being innovative, honest, reliable and committed to the environment and social values.

Full Supplement
Health Products Industry and
Trade Inc.

Why Should We Use Supplementary Food?

The effect of increasing population and the foods grown on unproductive soils due to the agricultural industrialization bring on the nutrients to become barren in vitamins and minerals.

Changing living conditions and unhealthy eating habits revolving around fast foods lead to poor and inadequate nutrition.

Exposure of our cells to free radicals, triggered by air pollution and stress, leads to an increase in developmental disorders, premature aging, and chronic diseases.



Supplementary Foods





VOOP Omega 3 1200 mg 60 Softgel Capsules

SUPPLEMENTARY FOODS

Contains a total of 780 mg of omega-3. Lemon Flavoured.No fishy smell. Fish gelatin is used in the capsule. Preserved in light-proof, healthy containers.

Benefits

Helps to protect cardiovascular health.
Helps to protect and develop eye health.
Helps to protect and develop nervous system and brain functions.

Directions

Recommended use: 1 capsule per day for adults and children aged 11+.

Supplement Facts

Omega-3 780 mg,
EPA 396 mg, DHA 264 mg
Other Omega 3 Acids 120 mg

VOOP Omega 3 500 mg 60 Softgel Capsules

SUPPLEMENTARY FOODS

Contains a total of 150 mg of omega-3. Lemon Flavoured. No fishy smell. Fish gelatin is used in the capsule. Preserved in light-proof, healthy containers.



Supplement Facts

Omega-3 150 mg, EPA 80 mg,
DHA 50 mg, Other Omega 3
Acids 20 mg

Directions

Recommended use: 1
capsule per day for adults
and children aged 11+.

Benefits

Helps to protect
cardiovascular health.
Helps to protect and develop eye
health.
Helps to protect and develop
nervous system and brain
functions.

VOOP Beta Glucan 1.3 / 1.6 30 Capsules

SUPPLEMENTARY FOODS

Complex formula with rich content. Contains black elderberry extract. Preserved in light-proof, healthy containers. Vegan capsules are used. Does not contain gluten.



Benefits

Helps to strengthen and protect the upper respiratory tract.
Helps to regulate and balance blood sugar.
Helps to protect and develop the immune system.

Directions

Recommended use: 1 capsule per day for adults and children aged 11+.

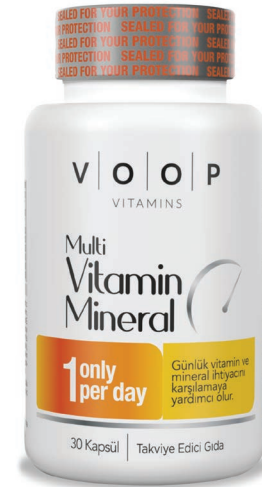
Supplement Facts

Black Elderberry Extract 150 mg,
Beta Glucan (Yeast Sourced) 100 mg, Zinc 10 mg, Vitamin C 200 mg, Vitamin D3 100 IU, Vitamin B12 1,25 µg

VOOP Multivitamin Multiminerall 30 Capsules

SUPPLEMENTARY FOODS

Contains Coenzyme Q10 and Korean Ginseng. Vegan capsules are used.



Supplement Facts

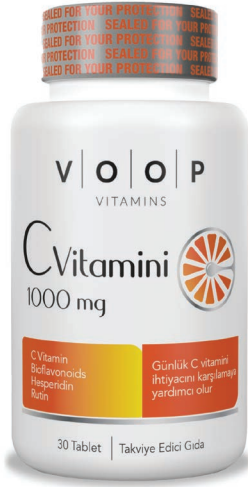
Vitamin C 120 mg, Vitamin E 12 mg, Vitamin D3 400 IU, Vitamin B1 1,1 mg, Vitamin B3 16 mg NE, Vitamin B5 9 mg, Vitamin B6 2,1 mg, Vitamin B12 25 µg, Vitamin K2 30 µg, Magnesium 75 mg, Korean Ginseng 30 mg, Iron 14 mg, Coenzyme Q10 5 mg, Folic Acid 400 µg, Zinc 10 mg, Crom 100 µg, Manganese 2 mg, Iodine 150 µg, Selenium 100 µg, Biotin 100 µg

Directions

Recommended use: 1 capsule per day for adults and children aged 11+.

Benefits

Helps protect and develop the immune system.
Reduces fatigue and exhaustion.
Supports energy metabolism.



VOOP Vitamin C+ Containing Citrus Bioflavonoids 30 Tablets

SUPPLEMENTARY FOODS

Contains 1000 mg of vitamin C. VOOP Vitamin C contains citrus bioflavonoids. Vitamin C helps to develop and preserve the immune system. Vitamin C increases iron absorption.

Benefits

Vitamin C supports the development and protection of nervous system and brain functions. Reduces fatigue and exhaustion. Supports energy formation metabolism.

Directions

Recommended use: 1 tablet per day for adults and children aged 11+.

Supplement Facts

Vitamin C 1000 mg, Citrus Bioflavonoids 100 mg, Hesperidin 7,5 mg, Rutin 7,5 mg

VOOP Vitamin B12, Biotin and Folic Acid 60 Capsules

SUPPLEMENTARY FOODS

Helps to develop and protect psychological functions.
Helps to develop the nervous system. Does not contain sweeteners. Does not contain colorants.



Supplement Facts

Vitamin B12 10 µg, Biotin 400 µg,
Folic Acid 400 µg

Directions

Recommended use: 1 capsule per day for adults and children aged 11+.

Benefits

Vitamin B12 supports the formation and protection of blood cells.
Folic acid supplementation increases maternal folate status.
Biotin contributes to the normal function of the nervous system.

VOOP Magnesium 200 mg 30 Tablets

SUPPLEMENTARY FOODS

Triple formulation containing malate, citrate and bisglycinate. Preserved in light-proof, healthy containers.



Benefits

Helps to protect and develop the musculoskeletal system.
Contributes to the reduction of fatigue and exhaustion.
Helps to improve muscle functions and relieve muscle pain.

Directions

Recommended use: 1 tablet per day for adults and children aged 11+.

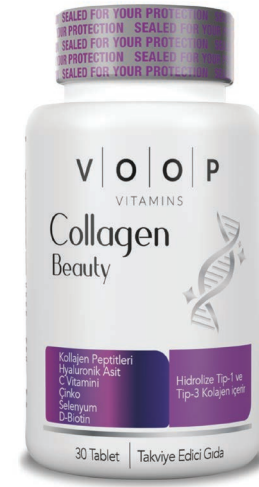
Supplement Facts

Magnesium Malate 50 mg, Magnesium Citrate 100 mg, Magnesium, Bisglycinate 50 mg

VOOP Collagen Beauty 30 Tablets

SUPPLEMENTARY FOODS

Contains hydrolyzed Type 1 and Type 3 collagen peptides. The Zinc content supports DNA synthesis. Can be used as a reminder dose following the administration of high-content collagen products.



Supplement Facts

Collagen Peptide 750 mg, Hyaluronic Acid 150 mg, Vitamin C 120 mg, Zinc 10 mg, Selenium 55 µg, D-Biotin 100 µg

Directions

Recommended use: 1 tablet per day for adults and children aged 11+.

Benefits

Helps to protect and develop the immun system.
Supports the production of collagen.
Supports hair, skin, and nail health.

VOOP Vitamin C + Zinc + Vitamin D3 20 Sachets

SUPPLEMENTARY FOODS



Vitamin C increases iron absorption. Vitamin C supports the development and protection of nervous system and brain functions. It is mixed with water. Do not contain preservatives.

Benefits

Reduces fatigue and exhaustion.
Supports energy formation metabolism.
Helps to protect and develop the immune system.

Directions

Recommended use: 1 sachet a day is mixed with 1 glass (200 ml) of water for adults and children aged 11+.

Supplement Facts

Vitamin C 1000 mg , Vitamin D3 15 µg (600 IU), Zinc 10 mg

VOOP Beta Glucan 1.3 / 1.6 Liquid 150 ml

SUPPLEMENTARY FOODS

Special formula for children. Does not contain colorants, sweeteners, and gluten.



Supplement Facts

Black Elderberry extract 80 mg,
Vitamin C 60 mg, Beta Glucan
20 mg, Grape seed extract 20
mg, Zinc 7,5 mg, Vitamin D3
2,5 µg

Directions

Recommended use: 5 ml a
day for children aged 4-10,
and 10 ml a day for adults
and children aged 11+.

Benefits

Helps to strengthen and protect
the upper respiratory tract.
Helps to regulate and balance
blood sugar.
Helps to protect and develop the
immun system.

VOOP Omega 3 Fish Oil Liquid 150 ml

SUPPLEMENTARY FOODS



Special formula for children. Helps to protect and develop the immune system. Preserved in light-proof, healthy glass containers. Orange Flavoured. Does not contain sweeteners and colorants.

Benefits

Helps to protect cardiovascular health.
Helps to protect and develop eye health.
Helps to protect and develop nervous system and brain functions.

Directions

Recommended use: 5 ml a day for children aged 4-10, and 10 ml a day for adults and children aged 11+.

Supplement Facts

Omega-3 1350 mg, EPA 720 mg, DHA 450 mg, Other Omega 3 Acids 180 mg

VOOP Multivitamin Multimineral Liquid 150 ml

SUPPLEMENTARY FOODS

Special formula for children. Preserved in light-proof, healthy glass containers. Orange Flavoured. Does not contain sweeteners, colorants, and gluten.



Supplement Facts

Vitamin C 50 mg, Vitamin D3 5 µg (200 IU), Vitamin E 6 mg, Vitamin K2 7,5 µg, Vitamin B1 0,55 mg, Vitamin B2 0,7 mg, Vitamin B3 8 mg NE, Vitamin B5 3 mg, Vitamin B6 0,7 mg, Biotin 25 µg, Vitamin B12 1,25 µg, Zinc 5 mg, Manganese 0,5 mg, Crom 30 µg, Selenium 27,5 µg, Molybdenum 25 µg

Directions

Recommended use: 5 ml a day for children aged 4-10, and 10 ml a day for adults and children aged 11+.

Benefits

Helps to protect and develop the immune system.
Reduces fatigue and exhaustion.
Supports energy formation metabolism.



VOOP Vitamin D3 400 IU Spray 20 ml Spray + Dropper SUPPLEMENTARY FOODS

Provides easy application with spray and drip nozzle.
Preserved in light-proof, healthy glass containers. Does not
contain colorants, sweeteners, preservatives, and gluten.

Benefits

Helps to protect and develop the
immune system.
Helps to develop and protect the
musculoskeletal system.

Directions

Recommended Use: 1 puff
per day for children aged
4-10, 2 puffs per day for
adults and children aged 11+.

Supplement Facts

Contains olive oil.
Vitamin D3 10 µg (400 IU)

VOOP Vitamin D3 1000 IU Spray 20 ml

Spray + Dropper

SUPPLEMENTARY FOODS

Provides easy application with spray and drip nozzle.
Preserved in light-proof, healthy glass containers. Does not contain colorants, sweeteners, preservatives, and gluten.



Supplement Facts

Contains olive oil.
Vitamin D3 25 µg (1000 IU)

Directions

Recommended use: 1 puff
per day for adults and
children aged 11+.

Benefits

Helps to protect and develop the
immune system.
Helps to develop and protect the
musculoskeletal system.



VOOP Vitamin D3K2 Spray 20 ml Spray + Dropper SUPPLEMENTARY FOODS

Provides easy application with spray and drip nozzle. Preserved in light-proof, healthy glass containers. Does not contain colorants, sweeteners, preservatives, and gluten.

Benefits

Helps to protect and develop the immune system.
Helps to develop and protect the musculoskeletal system.
Helps regulate blood coagulation.

Directions

Recommended use: 1 drop per day for adults and children aged 11+.

Supplement Facts

Contains olive oil,
Vitamin D3 25 µg (1000 IU),
Vitamin K2 20 µg

VOOP Propolis + Vitamin C Spray 20 ml

Spray + Dropper

SUPPLEMENTARY FOODS

Provides easy application with spray and drip nozzle.
Orange Flavoured and Water Soluble Vitamin C increases iron absorption. Does not contain colorants, sweeteners, and alcohol.



Supplement Facts

Pure propolis 5 mg, Vitamin C
12 mg

Directions

Recommended Use: 1 puff
twice a day for children aged
4-10, 3 puffs three times a
day for adults and children
aged 11+.

Benefits

Vitamin C supports the
development and protection of
nervous system and brain
functions.
Supports energy formation
metabolism.
Helps to protect and develop the
immune system.

VOOP Vitamin B12 Spray 10 ml

Spray + Dropper

SUPPLEMENTARY FOODS



Provides easy application with spray and drip nozzle. Available in the form of methylcobalamin. Does not contain colorants, preservatives, and added sugar.

Benefits

Vitamin B12 helps to protect and develop the immune system. Vitamin B12 supports the formation and protection of blood cells. Supports to develop and preserve the nervous system and brain functions.

Directions

Recommended use: 1 spray per day for adults and children aged 11+.

Supplement Facts

Vitamin B12 1000 mg

VOOP Collagen Beauty 15 Tubes Display

SUPPLEMENTARY FOODS

Supports the formation of tight and wrinkle-free skin.
A single tube contains 5500 mg of hydrolyzed collagen peptides. Does not contain gluten.



Supplement Facts

Hydrolyzed Collagen Peptides
5500 mg, Hyaluronic Acid 100 mg
Vitamin C 100 mg, Vitamin B3 16
mg NE, Zinc 10 mg, Coenzyme Q10
4 mg, Vitamin B5 3 mg, Vitamin B6
1 mg, Biotin 400 µg

Directions

Recommended use: Use 1
tube per day by shaking for
adults and children aged 11+.

Benefits

Supports hair and nail health.
Bovine-sourced collagen.
Promotes skin radiance.

VOOP Collagen Beauty 30 Tubes

SUPPLEMENTARY FOODS

Supports the formation of tight and wrinkle-free skin. A single tube contains 5500 mg of hydrolyzed collagen peptides. Does not contain gluten.



Benefits

Supports hair and nail health. Bovine-sourced collagen. The Coenzyme-Q10 content supports the formation of tight and wrinkle-free skin. The vitamin C content accelerates the absorption of collagen and provides a bright appearance to the skin.

Directions

Recommended use: Use 1 tube per day by shaking for adults and children aged 11+

Supplement Facts

Hydrolyzed Collagen Peptides 5500 mg, Hyaluronic Acid 100 mg, Vitamin C 100 mg, Vitamin B3 16 mg NE, Zinc 10 mg, Coenzyme Q10 4 mg, Vitamin B5 3 mg, Vitamin B6 1 mg, Biotin 400 µg

VOOP Collagen Beauty 30 Sachets

SUPPLEMENTARY FOODS

Supports the formation of tight and wrinkle-free skin. A single tube contains 5500 mg of hydrolyzed collagen peptides. Does not contain gluten.



Supplement Facts

Hydrolyzed Collagen Peptides 5500 mg, Hyaluronic Acid 100 mg, Vitamin B3 16 mg NE, Zinc 10 mg, Coenzyme Q10 4 mg, Vitamin B5 3 mg, Vitamin B6 1 mg, Biotin 400 µg

Directions

Recommended use: 1 sachet per day by mixing with a glass of water (200 ml) for adults and children aged 11+.

Benefits

Supports hair and nail health. Bovine-sourced collagen. The Coenzyme-Q10 content supports the formation of tight and wrinkle-free skin. The vitamin C content accelerates the absorption of collagen and provides a bright appearance to the skin.

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