

Avicenna

PRODUCT CATALOGUE



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FERULA PLUS MEN

FERTILITY / SEXUAL
HEALTH PRODUCTS

It received the Golden Mortar award in the Phytopharmacy category in 2019.

This is the only product proven in animal experiments conducted at Düzce University to increase total sperm count by 49%, with ongoing clinical studies.

It passed the ethics committee of the Ministry of Health.

AVICENNA FERULA PLUS MEN	
Active Ingredient	In 1 Sachet
L-Carnitin	1023 mg
Royal Jelly	400 mg
Ferula elaeochoytrisroot extract	400 mg
Panax ginseng extract	200 mg
Vitamin C	180 mg
Lepidiummeyeriiextract	100 mg
Epimedium sp. extract	100 mg
Zinc	15 mg
Coenzyme Q10	40 mg
Folic Acid	400 mcg
Selenium	100 mcg
Vitamin B12	3 mcg

The product offers an effective solution that aims to strengthen reproductive health by increasing sperm quality in men.



USAGE: It is recommended to take 1 sachet once a day. It is recommended to be used for at least 3 months.



FERULA FEMIN

FERTILITY / SEXUAL
HEALTH PRODUCTS

AVICENNA FERULA FEMIN	
Active Ingredient	In 1 Sachet
L-carnitine	341.2 mg
Myo-inositol	1000 mg
Royal jelly	500 mg
Ferula elaeoachyris root extract	500 mg
Vitamin C	100 mg
Coenzyme Q10	50 mg
Zinc	15 mg
Resveratrol	50 mg
Vitamin E	12 mg
Vitamin B6	10 mg
Folic Acid	400 mcg
Selenium	100 mcg
Vitamin B12	10 mcg
Vitamin D3	10 mcg

Supports the fertility process by addressing infertility and ovulation-related issues in women.



USAGE: Take 1 sachet daily. For best results, continued use for at least 3 months is recommended.



RED GINGSENG

FERTILITY / SEXUAL
HEALTH PRODUCTS

AVICENNA GINSENG

Active Ingredient	In In 3 Tabletss
Panax ginseng root	204 mg
Royal jelly	105 mg
Panax ginseng root extract	105 mg

Red ginseng helps the body cope with fatigue, stress, and lack of focus; it enhances mental and physical performance and offers effective support for erectile dysfunction and low libido.



USAGE: Take 1 tablet three times daily. Continued use for at least 3 months is recommended for best results.



REMIFRAU

PRODUCTS SPECIAL
FOR WOMEN

AVICENNA REMIFRAU	
Active Ingredient	In 3 Tablets
Cimicifuga Racemosa Root Extract	300 mg
Achillea Millefolium Flower	300 mg
Common Myrtle Leaf	210 mg
Urtica dioica leaf	150 mg
Helichrysum Arenarium Flower	76.5 mg
Malva Sylvestris Leaf	75 mg
Equisetum arvense	75 mg
Hypericum perforatum	75 mg
Thymus sp.	75 mg
Herbal Isoflavone	30 mg
Mentha x piperita	7.5 mg
Vitamin B6	4.8 mg

It is helpful in premenstrual syndrome and dysmenorrhea. It is supportive in reducing the symptoms of menopause. It helps prevent osteoporosis that develops due to menopause.



USAGE: **Take 1 capsule three times daily. Continued use for at least 3 months is recommended.**



MAJIVITEX

PRODUCTS SPECIAL
FOR WOMEN

AVICENNA MAJIVITEX

Active Ingredient	In 1 Tablet
Achillea Millefolium Extract (White Yarrow)	100 mg
Vitex Agnus-Castus Extract (Hayit)	50 mg
Vitamin D3	10 mcg

It is used against PMS, Dysmenorrhea and hormonal imbalance experienced by women.



USAGE: Take 1 tablet daily. Continued use for at least 3 months is recommended.



MENOFUGA

PRODUCTS SPECIAL
FOR WOMEN

AVICENNA MENOFUGA

Active Ingredient	In 2 Tablets
Achillea Millefolium Extract (White Yarrow)	100 mg
<i>Cimicifuga Racemosa</i> Extract (<i>Simsifuga</i> , <i>Black Cohosh</i>)	50 mg

Used to relieve climacteric symptoms and menopause-related osteoporosis. A powerful supplement that enhances women's quality of life.



USAGE: Take 2 tablets once daily. Continued use for at least 3 months is recommended.



PCOSITOL

PRODUCTS SPECIAL
FOR WOMEN

AVICENNA PCOSITOL

Active Ingredient	In 1 Sachet
Myo-inositol	2000 mg
L-carnitine	500 mcg
Calcium L-Methylfolate	400 mcg
Vitamin B6	5 mg
Vitamin B12 (methylcobalamin)	3 mcg

Supports female fertility by improving egg quality, alleviating PCOS-related symptoms, and regulating insulin resistance.



USAGE: Take 1 sachet daily. Continued use for at least 3 months is recommended.



FQLID PLUS

MOTHER – BABY
PRODUCTS

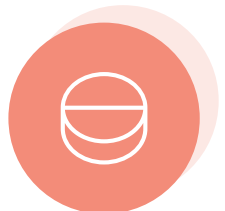
AVICENNA FQLID PLUS	
Active Ingredient	In 1 Tablet
Vitamin B6	10 mg
Calcium L-methylfolate	400 µg
Methylcobalamin	10 µg
Iodine	150 µg
Zinc	10 mg
Vitamin B1	0.7474 mg
Vitamin D3	10 µg

Supports the increased nutritional needs of women planning pregnancy or currently pregnant, and helps reduce the risk of related health issues. Malnutrition and enzyme deficiencies are especially critical in women at risk for neural tube defects (NTDs).

Contains folic acid and vitamin B12 in their active forms.



USAGE: Take 1 tablet daily. Recommended for use before pregnancy and during the first 3 months of pregnancy.



AVICENNA MENOFUGA

Active Ingredient	2 Softgel
Fish oil	DHA/EPA: 600 mg / 60 mg
Vitamin C	100 mg
Vitamin B1	1.5 mg
Vitamin B2	1.6 mg
Vitamin B3	15 mg
Vitamin B5	5 mg
Vitamin B6	1.4 mg
Calcium L-methylfolate	400 mcg
Methylcobalamin	5 mcg
Biotin	2.5 mg
Vitamin D3	10 mcg
Vitamin E	15 mg
Calcium	140 mg
Magnesium	100 mg
Zinc	15 mg
Selenium	100 mcg
Iodine	150 mcg
Beta-carotene	1 mg
Iron (from iron gluconate)	15 mg

Supports the increased nutritional needs of women who have difficulty eating adequately or absorbing vitamins and minerals, from the 4th month of pregnancy through the end of lactation. It helps meet the body's heightened metabolic demands during pregnancy and contributes to healthy maternal well-being and fetal development — especially in the final trimester — with 600 mg of omega-3.

USAGE: Take 2 softgels twice daily. Recommended for use from the 4th month of pregnancy through the end of the lactation period.



AVICENNA GAZERO

Active Ingredient	In 3 Drops
Oleaeuropaea oil	273, 15 mg
Cuminumcuminum oil	9.92 mg
Pimpinellaanisum oil	99.92 mg
Prunusamygdalus var. dulcis oil	181.91 mg
Sesamumindicum oil	9.92 mg
Foeniculumvulgare oil	16.53 mg
Anethumgraveolens oil	4.63 mg

This product can be safely used for both mother and baby. It helps prevent gas by regulating bowel movements and supports digestion to relieve constipation.



USAGE: For babies under 6 months, mothers may use the product during breastfeeding. After 6 months, it can be given directly by mixing into food. Use 3–4 drops, 3 times a day.



OMI OMEGA 3

CHILDREN PRODUCTS

AVICENNA OMI OMEGA 3

Active Ingredient	1 scoop (5ml)	% Nutritional Reference Value
Fish oil	4700 mg	-
Omega3	1410 mg	-
EPA	846 mg	-
DHA	564 mg	-
Vitamin A	500 mcg	62,5
Vitamin D3	10 mcg	200
Vitamin E	46 mg α-TE	383

Formulated to support healthy growth and development in children. Its high EPA and DHA content contributes to brain function, vision, and immune system health.



USAGE: Recommended for children aged 4 and above. Take 1 scoop (5 ml) daily.



OMI GEL FORM

CHILDREN
PRODUCTS

AVICENNA OMI GEL FORM				
Active Ingredient	In 2 Gels	%NRV	In 4 Gels	%NRV
Vitamin C	40 mg	50	80 mg	100
Vitamin E	6 mg α -TE	50	12 mg α -TE	100
Vitamin B3	8 mg	50	16 mg	100
Zinc	3 mg	30	6 mg	60
Vitamin B5	3 mg	50	6 mg	100
Vitamin B6	0.7 mg	50	1.4 mg	100
Manganese	0.4 mg	20	0.8 mg	40
Vitamin A	200 μ g	25	400 μ g	50
Folic Acid	100 μ g	50	200 μ g	100
Iodine	30 μ g	20	60 μ g	40
Vitamin D3	5 μ g	100	10 μ g	200
Vitamin B12	1.25 μ g	50	2.5 μ g	100
Inositol	10 μ g	-	20 μ g	-

OMI Multivitamin Gel Form supports healthy growth and development in children with its rich blend of vitamins and minerals—essential nutrients for proper body function. Its pleasant taste and aroma make it easy and enjoyable for children to consume.



USAGE: Children aged 4–10 should take 2 chewable gel tablets daily. Adults and children aged 11 and older should take 4 chewable gel tablets daily.



AVICENNA OMEVIP KIDS SYRUP		
Active Ingredient	In 5 ml	% NRV
Fish oil	1125 mg (DHA:135 mg, EPA:202,5 mg)	
L-Arginine	25 mg	
Vitamin C	15 mg	37.5
Zinc	2.5 mg	50
Vitamin B6	0.5 mg	71
Thiamine	0.35 mg	63.6
Vitamin A	160 mcg	75.1
Selenium	13.65 mcg	49
Vitamin D	2.5 mcg	200

Thanks to the synergistic effect of fish oil, L-arginine, vitamin D, zinc, and selenium, it supports bone formation and height development in children, while enhancing cognitive functions and aiding in concentration difficulties.



USAGE: Children aged 4–10 should take 1 scoop (5 ml) once daily. Individuals aged 11 and above should take 2 scoops once daily. Continued use for at least 3 months is recommended.



AVICENNA PROVITEC		
Active Ingredient	In 5 ml	% NRV
Propolis extract	357 mg	
Echinacea purpurea extract	178.5 mg	
Royal jelly	178.5 mg	37.5
Zinc	7.5 mg	75
Vitamin C	35 mg	43.75
Vitisviniferaseed extract	1.5 mg	

Thanks to its formula fortified with echinacea, propolis, vitamin C and zinc, it supports the immune system, protects the body against infections and is especially beneficial for children with its appetite-stimulating properties. These powerful ingredients support children's healthy growth and development while also strengthening their immune system.



USAGE: Take 1 scoop three times daily. Continued use for at least 3 months is recommended.



PROPOLIS DROPS

CHILDREN
PRODUCTS

AVICENNA PROPOLIS DROPS

ACTIVE INGREDIENTS	In 1 ml (24 Drops)
Propolis extract ((equivalent to 400 mg raw propolis)	96 mg

Propolis, a natural product collected by worker bees from plant buds and used in hive hygiene, strengthens the immune system by providing important support to children against recurrent respiratory infections.



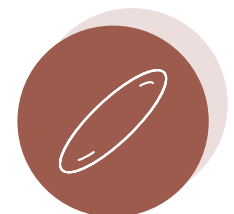
USAGE: Take 8 drops, three times daily.



AVICENNA OmniHydro 60 SOFTJEL	
Active Ingredient	In 2 Softgels
Omega-3	750 mg
DHA	180 mg
EPA	270 mg
Hyaluronic Acid	75 mg
Resveratrol	50 mg
Coenzyme Q10	50 mg
Magnesium	60 mg
Thymoquinone (black seed oil)	200 mg
Curcumin (turmeric extract)	60 mg
Piperine (black pepper extract)	6 mg
Riboflavin (vitamin B2)	2 mg
Pantothenic acid (vitamin B5)	5 mg
Pyridoxine (vitamin B6)	2 mg
Ascorbic Acid (vitamin C)	120 mg
Tocopherol (vitamin E)	4 mg

Formulated for dry eyes, this supplement helps maintain moisture balance, relieves stinging and burning sensations, and supports lasting comfort throughout the day.

USAGE: Take 2 softgels once daily. Continued use for at least 3 months is recommended.



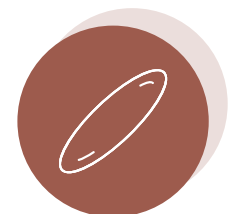
AVICENNA OmniRes 60 SOFTSIGNAL

Active Ingredient	In 2 Softgels
Omega-3	700 mg
DHA	380 mg
EPA	180 mg
Citicoline	100 mg
Resveratrol	50 mg
Coenzyme Q10	25 mg
Lutein	15 mg
Zeaxanthin	2 mg
Magnesium	56,250 mg
Zinc	15 mg
Ascorbic acid (vitamin C)	120 mg
Vitamin D3	5 mcg
Ascorbic Acid (vitamin C)	120 mg
Tocopherol (vitamin E)	4 mg

Supports eye health by helping to relieve symptoms associated with age-related macular degeneration.



USAGE: Take 2 softgels once daily. Continued use for at least 3 months is recommended.



AVICENNA OmniTes 30 CAPSULES	
Active Ingredient	In 1 Capsule
L-lysine	175 mg
L-carnosine	130 mg
Eyebright extract	100 mg
Blueberry	120 mg
Resveratrol	25 mg
Ascorbic acid (vitamin C)	120 mg
Zinc	15 mg

Helps reduce floaters, vitreous opacities, eye trauma effects, post-cataract floaters, and visual shadows associated with myopia and high myopia.



USAGE: Take 1 capsule daily. Continued use for at least 3 months is recommended.



BITTER MELON

DIGESTIVE
PRODUCTS

AVICENNA BITTER MELON		
Active Ingredient	In 2 Softgels	% NRV
<i>Momordica charantia</i> oil	600 mg	
Olive oil	2400 mg	

Bitter melon supports digestive health by protecting the stomach, regulating the intestines, and improving digestion. It may also help balance blood sugar in diabetes management, provide antiviral protection, and contribute to inhibiting tumor growth.



USAGE: Take 1 softgel three times daily. Continued use for at least 3 months is recommended.



AVICENNA MDA	
Active Ingredient	IN 2 CAPSULES
Taraxacumofficinale Shaw (Dandelion)	600 mg
Silybummarianum Seed (Thistle Seed)	375 mg
Cynarascolumus Leaf (Artichoke Leaf)	375 mg
Silybummarianum Seed Extract (Equivalent to 3375 mg Thistle Seed)	375 mg
Cynarascolumus Leaf Extract (Equivalent to 2700 mg artichoke leaf)	75 mg

Supports liver regeneration by detoxifying the liver, regulating its functions, and protecting it from damage related to alcohol and drug use.



USAGE: : Take 1 capsule three times daily. Continued use for at least 3 months is recommended.



AVICENNA FORM	
Active Ingredient	IN 2 CAPSULES
Cassia Acutofolia pure (sinamica)	888 mg
Prunusavium fruit stamp (cherry fruit stamp)	280 mg
Fumariaofficinalis shaw (sahtere shaw)	200 mg
Foeniculumvulgare fruit (fennel fruit)	148 mg
Rosmarinusofficinalis leaf (rosemary blue leaf)	136 mg
Calluna vulgaris leaf (fudan/pyrene/broad leaf)	100 mg
Myrtuscommunis leaf (myrtle/myrt leaf)	88 mg
Urticadioica leaf (stinging)	88 mg
L-carnitine	80 mg
Matricariaecutita shaw (may daisy)	44 mg
Callmelliasinensis leaf (tea/green tea Leaf)	100 mg
Ilex paraguariensis leaf (mate leaf)	36 mg
Helichrysumarenarium flower (goldword, immortal flower, kudama)	12 mg

Promotes satiety with its fiber-rich formula, supports digestive and intestinal regulation, and aids in burning stored fat through the action of L-Carnitine.



USAGE: Take 2 capsules twice daily, 45 minutes before meals or physical activity. Continued use for at least 3 months is recommended.



CURCUMIN PLUS

DIGESTIVE
PRODUCTS

AVICENNA CURCUMIN PLUS	
Active Ingredient	In 1 Capsule
Curcumin	100 mg
Black pepper	10 mg

Possesses antioxidant and immune-modulating effects. May aid in cancer prevention, reduce joint discomfort, support bone health in osteoporosis, and help regulate blood sugar and weight. It may also help lower bad cholesterol (LDL) and increase good cholesterol (HDL), contributing to overall heart health.



USAGE: Take 1 capsule daily. Continued use for at least 3 months is recommended.



AVICENNA BETADON	
Active Ingredient	IN 2 HERBAL CAPSULES
Terminalia chebula fruit (halille black fruit)	230 mg
Peganumharmala seed (harmala seed)	150 mg
Sambucusnigra flower (black elderberry)	140 mg
Nigella sativa seed (black seed)	140 mg
Cassia acutofolia leaf (sinameki)	140 mg
Capsella bursa-pastoris shaw (shepherd's purse)	104 mg
Achilleamillefolium shaw (yarrow)	100 mg
Bee pollen	70 mg
Aesculushippocastanumseed (horse chestnut)	34 mg
Propolis extract	12 mg
Ilex paraguariensis leaf (mate leaf)	36 mg
Helichrysumarenarium flower (goldword, immortal flower, kudama)	12 mg

Relieves inflammation and pain, helps stop bleeding, and promotes healing of anal fissures. Also supports bowel regularity, assists in the treatment of varicose veins, and strengthens circulation by regulating venous insufficiency.



USAGE: Take 1 capsule twice daily. Continued use for at least 3 months is recommended.



PROPOLIS CAPSULE

IMMUNITY
PRODUCTS

AVICENNA PROPOLIS CAPSULE

Active Ingredient	In 4 Capsules
Propolis	1120 mg
<i>Propolis extract</i>	280 mg

Propolis — a natural compound gathered by bees from plant buds and used in hive hygiene — supports immune function and helps protect children from frequent respiratory infections.



USAGE: Take 2 capsules twice daily. Continued use for at least 3 months is recommended.



BOSPREY

AVICENNA BOSPREY

Active Ingredient	In 6 Puffs
Thymus sp. juice (thyme juice)	68.4 mg
Propolis extract	34.2 mg
Echinacea purpurea extract	8.55 mg
Rosmarinus officinalis oil (rosemary oil)	0.855 mg

This natural antiseptic helps relieve sore throats, combat infections, and strengthen the immune system. Its antibacterial and antiviral properties provide soothing support for throat-related discomfort.



USAGE: Take 2 sprays, 3 times daily. Continued use for at least 3 months is recommended.



BLACK SEED OIL

IMMUNITY
PRODUCTS

AVICENNA BLACK SEED SOFTGEL

Active Ingredient	In 2 Softgels
Nigella sativa oil (black seed oil)	2000 mg

Black cumin seed supports the immune system and helps the body defend against infections. It may provide relief from headaches and contribute to maintaining healthy blood pressure levels. Additionally, it supports digestive comfort and helps regulate insulin balance.



USAGE: It is recommended to take 1 softgel twice daily. For best results, use consistently for at least 3 months.



AVICENNA POWMAX		
Active Ingredient	IN 2 TABLETS	%NRV
Panax ginseng root	470 mg	
Royal jelly	348 mg	
Bee pollen	180 mg	
Rosa canina fruit (rosehip)	126 mg	
Propolis	116 mg	
Ceratoniasilqua fruit (carbon)	46 mg	
Panax ginseng root extract	46 mg	
Vitamin C	42 mg	52.5

The product helps reduce physical and mental fatigue, supports the immune system and energizes the body. In addition, it contributes to maintaining general health with its rich content of vitamins and minerals.



USAGE: **Take 1 softgel twice daily. Continued use for at least 3 months is recommended.**



AVICENNA OSSAX

Active Ingredient	In 1 Tablet
Calcium	200 mg
Magnesium	150 mg
Zinc	10 mg
Vitamin D3	2.5 mcg
Vitamin K2 (MK7)	25 mcg

It supports bone and teeth health and helps the muscle and nervous system function properly. It also strengthens general body functions by supporting tissue formation.



USAGE: Take 1 tablet daily. Continued use for at least 3 months is recommended.



NEMOCOLL PLUS

JOINT – BONE HEALT
PRODUCTS

AVICENNA NEMOCOLL PLUS

Active Ingredient	IN 1 TABLETS
Eggshell membrane	450 mg
Types of denatured collagen	40 mg
Hyaluronic acid	10 mg

The product helps increase mobility by supporting joint and cartilage health. With its natural content, it protects the lubrication of joints, contributes to their regeneration and relieves joint pain.



USAGE: Take 1 capsule daily. Continued use for at least 3 months is recommended.



GLUCOSAMINE

JOINT – BONE HEALTH
PRODUCTS

AVICENNA GLYCOSAMINE

Active Ingredient	IN 2 TABLETS
Glucosamine sulphate (sourced from shellfish)	1340 mg
MSM (legume source)	330 mg
Chondroitin sulphate (sourced from shark cartilage)	80 mg
Pineapple fruit extract (bromelain)	60 mg
Hyaluronic acid	30 mg

The product helps increase mobility by supporting joint and cartilage health. It contributes to the nutrition of cartilage tissue, strengthens joints and helps maintain flexibility. It also helps relieve pain.



USAGE: Take 1 tablet twice daily. Continued use for at least 3 months is recommended.



GINKGO BILOBA

MENTAL HEALTH
PRODUCTS

AVICENNA GINKGO BILOBA

Active Ingredient	In 2 Capsules
<i>Ginkgo biloba</i> leaf	750 mg
<i>Ginkgo biloba</i> leaf extract	250 mg

The product helps regulate blood flow by supporting the circulatory system. It helps increase concentration, relieve vertigo symptoms, and reduce attention deficit symptoms. It also supports general cognitive functions by protecting vascular health.



USAGE: Take 1 capsule twice daily. Continued use for at least 3 months is recommended.



AVICENNA GINOSEL

Active Ingredient	In 2 Softgels
Fish oil	1890 mg
Ginkgo bilobaleaf extract	40 mg
Thiamine	2.8 mg
Riboflavin	3.2 mg
Niacin	20 mg
Vitamin B6	4 mg
Folic acid	0.4 mg
Vitamin B12	0.2 mg
Pantothenic acid	12 mg
Selenium	0.2 mg

The product supports cognitive functions, increases concentration and strengthens mental health. The vitamins and minerals it contains reduce fatigue by regulating energy metabolism. Additionally, selenium and fish oil support brain functions and protect general health with their antioxidant effects.



USAGE: Take 1 softgel twice daily. Continued use for at least 3 months is recommended.



ST. JOHN'S WORT

MENTAL HEALTH
PRODUCTS

AVICENNA ST. JOHN'S WORT

Active Ingredient	IN 2 CAPSULES
<i>Hypericum perforatum</i> shaw extract	600 mg
<i>Hypericum perforatum</i> shaw	280 mg

The product helps relieve symptoms of depression. It helps relieve symptoms such as anxiety, insomnia, excessive sleep, and loss of appetite. The St. John's wort in it helps balance mood and improves mental health.



USAGE: Take 1 capsule twice daily. Continued use for at least 3 months is recommended.



AVICENNA MIFOREX

Active Ingredient	In 1 Capsule
Tanacetum parthenium shaw extract (silver button)	233 mg
Valeriana officinalis root (valerian)	52 mg
Salix alba bark extract (willow bar)	45 mg
Melissa officinalis leaf	43 mg
Humulus lupulus flower (hop flower)	43 mg
Hypericum perforatum shaw (St. horn shaw)	30 mg
Matricaria chamomilla flower (may daisy)	30 mg
Foeniculum vulgare fruit (fennel fruit)	30 mg
Lavandula angustifolia flower	22 mg
Tilia cordata flower (linden flower)	22 mg

The product is used in the treatment of migraine and rheumatism. With its anti-inflammatory effect, it reduces inflammation, prevents platelet aggregation and helps relieve pain by inhibiting the release of serotonin.



USAGE: Take 1 capsule daily. Continued use for at least 3 months is recommended.



AVICENNA OMECAP	
Active Ingredient	In 2 Softgels
Fish oil	2000 mg
Omega 3 unsaturated fatty acids	600 mg
- EPA	360 mg
- DHA	240 mg

Omega-3 supports cardiovascular health, protects eye health, helps strengthen bones and improves joint health. It also supports brain functions and reduces the risk of depression and dementia.



USAGE: It is recommended to take 2 softgels once daily. Recommended for use for at least 3 months.



OMEGA 3-6-9

OMEGA 3 PRODUCTS

AVICENNA OMEGA 3-6-9	
Active Ingredient	In 2 Softgels
Omega 3	610 mg
Fish oil	550 mg
Evening primrose oil	12 mg
Linseed oil	48 mg
Omega 6	151 mg
Evening primrose oil	138 mg
Linseed oil	13 mg
Omega 9	107 mg
Evening primrose oil	87 mg
Linseed oil	20 mg

Omega 3-6-9 supports heart health, reduces inflammation and strengthens brain function. Additionally, it improves joint health, supports skin health, and regulates fat metabolism in the body. This combination maintains the balance of healthy fatty acids in the body.



USAGE: It is recommended to take 2 softgel 1 times a day. It is recommended to be used for at least 3 months.



AVICENNA VENNA	
Active Ingredient	IN 1 SOFTGELS
Coenzyme Q10	125 mg
Fish oil	875 mg
- EPA	282 mg
- DHA	190 mg

The product delays aging and protects overall health by increasing cell energy with CQ10. Fish oil supports cardiovascular health, protects eye health, reduces joint sensitivity and reduces the risk of depression and dementia.



USAGE: It is recommended to take 1 softgel once a day. It is recommended to be used for at least 3 months.

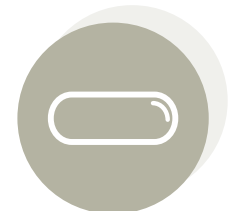


AVICENNA MAGNEFORT	
IN YELLOW TABLET	
Active Ingredient	In 1 Yellow Tablet
Magnesium (Elemental)	120 mg
Tri-Magnesium Citrate	402.23 mg
Magnesium Malate	244.42
Magnesium Taurate	190.71 mg
Vitamin B6	5 mg
Vitamin D3	5 mcg
IN BLUE TABLET	
Active Ingredient	In 1 Blue Tablet
Magnesium (Elemental)	130 mg
Magnesium Bisglisinate	922.42 mg
Vitamin B6	5 mg
Vitamin D3	5 mcg

MagneFort consists of two different tablets, morning and evening, and contains vitamins B6 and D to increase absorption and absorption capacity. Magnesium not only relieves muscle cramps, but also regulates nerve functions in the body, supports energy production, strengthens bone health and protects heart health. This special formula meets the body's magnesium needs, improving both physical and mental health and improving the quality of life.



USAGE: It is recommended to take 1 yellow tablet twice a day, in the morning, and 1 blue tablet in the evening.



D3K2 SPRAY / DROP

VITAMIN – MINERAL PRODUCTS

AVICENNA D3K2 SPRAY / DROP

Active ingredient	Amount in 1 puff	% NRV
Vitamin K2	11.25 mcg	15
Vitamin D3	25 mcg	500

The spray, which contains vitamins D3 and K2, supports bone health, helps calcium to be better absorbed in the body and strengthens bones. Additionally, vitamin D strengthens the immune system, while vitamin K regulates blood clotting and protects heart health. Thanks to its spray form, it provides rapid absorption and ease of use.



USAGE: It is recommended to take 1 puff or 4 drops per day for children aged 4-10 and adults aged 11 and over.



B12 VITAMIN TABLET

VITAMIN – MINERAL
PRODUCTS

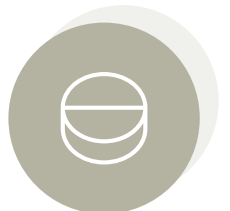
AVICENNA D3K2 SPRAY / DROP

Active Ingredient	In 1 Tablet	% NRV
Vitamin B12	1000 mcg	40000

B1In 2 Tablets strengthens memory, increases concentration and eliminates anemia problems due to B12 deficiency with its active form, methylcobalamin. Additionally, it supports nerve health by preventing nerve damage.



USAGE: It is recommended to take 1 tablet 1 times a day. It is recommended to be used for at least 3 months.



B12 VITAMIN SPRAY

VITAMIN – MINERAL
PRODUCTS

AVICENNA VITAMIN B12

Active Ingredient	1 Puff or 4 Drops	% NRV
Vitamin B12	1000 mcg	40000

B12 Tablets strengthens memory, increases concentration and eliminates anemia problems due to B12 deficiency with its active form, methylcobalamin. Additionally, it supports nerve health by preventing nerve damage.



USAGE: It is recommended to take 1 puff or 4 drops once a day. It is recommended to be used for at least 3 months.



BIOTIN

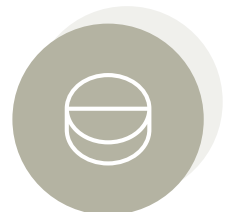
VITAMIN – MINERAL PRODUCTS

AVICENNA BIOTIN		
Active Ingredient	IN 1 TABLET	% NRV
Biotin	2500 mcg	5000

Biotin increases the thickness of the nails and prevents their layers from separating. It reduces hair loss caused by seborrhea, increases the rate of hair growth and protects the hair against external factors. Also, it strengthens hair health.



USAGE: It is recommended to take 1 tablet 1 times a day. It is recommended to be used for at least 3 months.



VITAMIN D3 SPRAY

AVICENNA VITAMIN D3 SPRAY		
AVICENNA VITAMIN D3 400 IU		
Active Ingredient	1 Puff or 3 Drops	% NRV
VITAMIN D3	10 mcg 400 IU	%200
AVICENNA VITAMIN D3 1000 IU		
Active Ingredient	1 Puff or 3 Drops	% NRV
VITAMIN D3	25 mcg 1000 IU	%500

Vitamin D Spray supports bone health, helps the immune system function properly and protects the cardiovascular system. It has a regulatory effect on the nervous system and eliminates vitamin D deficiency associated with diseases such as depression, diabetes, Alzheimer's and Parkinson's. It provides rapid absorption and ease of use with both 400 IU and 1000 IU options.



USAGE: It is recommended to take 1 puff or 3 drops once a day. It is recommended to be used for at least 3 months.



VITAMIN C EFFERVESIVE TABLET

VITAMIN – MINERAL
PRODUCTS

AVICENNA VITAMIN C EFFERVESIVE TABLET

Active Ingredient	In 1 Effervesive Tablet	% NRV
Vitamin C	1000 mg	1250
Zinc	10 mg	100
Vitamin D	10 mcg	200

The product strengthens the immune system, facilitates blood production and supports the formation of connective tissue. The powerful antioxidants it contains protect the body against free radicals. It supports health and gives energy with the combination of vitamin C, zinc and vitamin D.



USAGE: It is recommended to consume 1 effervescent tablet once a day by dissolving it in 1 glass (200 ml) of water.



SAMBUCUS NIGRA EFFERTIVE TABLET

VITAMIN – MINERAL
PRODUCTS

AVICENNA SAMBUCUS NIGRA EFFERTIVE TABLET

Active Ingredient	In 1 Effervesive Tablet	% NRV
Vitamin C	200 mg	250
Zinc	10 mg	100
<i>Sambucus Nigra</i> Extract	200 mg	

Contains vitamin C, zinc and *Sambucus Nigra*. The product provides relief from conditions such as fever, cold, cough and bronchitis with its diaphoretic and bronchial secretion enhancing effects. Additionally, it strengthens the body and supports the immune system.



USAGE: It is recommended to consume 1 effervescent tablet once a day by dissolving it in 1 glass (200 ml) of water.



FOOT SPRAY

PERSONAL CARE PRODUCTS

VITAMIN C EFERVESIVE TABLET

Active Ingredient

Melaleuca alternifolia Oil (tea tree oil)

Propolis extract

Salix alba bark extract (white willow bark extract)

The foot spray is effective against nail fungus and has antibacterial and antifungal properties. The tea tree oil, propolis and white willow bark extract it contains protect foot health and provide a protective effect against infections.



USAGE: It is recommended to apply 2-3 puffs once a day. It is recommended to be used for at least 3 months.





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