

*"We focus on human health..."*



by **elbi** pharma

## QUALITY FIRST

We adopt customer satisfaction as the basic value by considering the sensitivities of the sector. We know that the health area is at a critical point for the life of all living things. **Therefore, service and product quality are among our musts.**



## MESSAGE FROM CEO

### **We focus on human health...**

Because it is very important to give confidence if the health in question. We work harder to seek out the best-quality ingredients for our supplements.

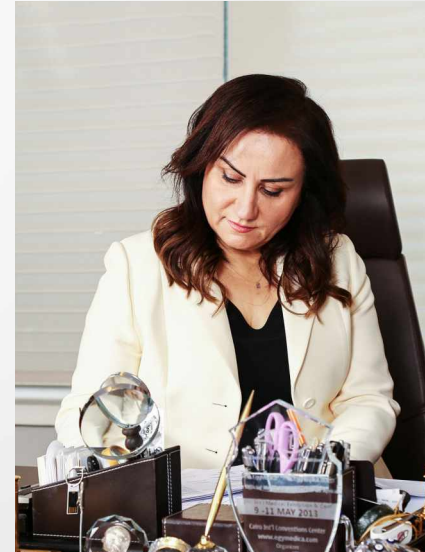
As Elbi, we have been supplying pharmaceuticals and medical supplies to the health sector and we continue our activities without removing our minds from the sensitiveness of the industry since 1980.

We take the power given by the long years of experience in the sector and we take human health to our attention in this way which we have walked without neglecting to renew according to the requirements of the era. We conduct our activities not only in Turkey but in various regions of the World ,by participating to the international exhibitions along with the most elite firms of the pharmaceutical sector and export medicines and medical items to dozens of countries.

Our goal is always ahead. We do not continuously increase the number of countries in where we export pharmaceuticals and medical supplies and make our name in the world market; but we are also working really hard to kep our reputation.

**Nejla Fırat**

*Nejla Fırat*



by **elbi** pharma

## ABOUT US

Elbi is a pharmaceutical warehouse operating **with 40 years of experience in the sector.**

Elbi Pharmaceutical, which serves with a warehouse of 2.500 m<sup>2</sup> in Ankara, is licensed by the Ministry of Health and is regularly inspected by the ministry officials. Elbi Pharmaceutical Warehouse provides the delivery of medicines and medical supplies around the world with a wide range of products.

Elbi Pharmaceutical works to help you to reach high quality products in a timely and complete way by choosing the cold chain transportation system and ensuring that the products are always reliable. Elbi Pharmaceutical, which adopts the perspective that prioritizes human life, supports unconditionally the humanitarian organizations operating in Africa.

Coming to these days with safe and reliable steps to In line with its target to become Turkey's best pharmaceutical warehouse, Elbi Pharmaceutical, not satisfied with this also has a significant position as the most preferred medical warehouse internationally.

## WHO ARE WE WORKING WITH?

In line with our goal to cooperate with all stakeholders in the health sector, we work with hospitals, pharmacies and non-governmental **organizations in 83 countries.**



Afghanistan, Australia, Azerbaijan, UAE, Bangladesh, Brazil, Bulgaria, Djibouti, China, Indonesia, Fiji, Ivory, Philippines, Ghana, Guyana, Georgia, India, Netherlands, HongKong, Iraq, UK, Iran, Italy, Cambodia, Qatar, Kenya, Libya, Lithuania, Macedonia, Malawi, Myanmar, Nakhchivan,



Nigeria, Pakistan, Poland, Rwanda, Singapore, Slovakia, Somaliland, Somalia, Sri Lanka, Syria, Saudi Arabia, Trinidad, Ukraine, Jordan, Vietnam, Yemen, Zambia. In addition, we are participating in the most prestigious fairs in the health sector in the Middle East, Asia, Europe and Africa, promoting our brand and continuously expanding our customer portfolio.

We support humanitarian organizations all over the world with unanimous support, knowing that drugs and medical supplies are vital for all living things. We provide all kinds of medical supplies needed by aid organizations such as IHH Humanitarian Relief Foundation.

## INTERNATIONAL EXPORT



by **elbi** pharma

In addition, we are participating in the most prestigious fairs in the health sector in the **Middle East, Asia, Europe and Africa**, promoting our brand and continuously expanding our customer portfolio.

## WHY ELBI PHARMACEUTICAL

### 40+ years' experience

Over four decades working closely with trusted research partners and experts. We work with hospitals, pharmacies and non-governmental organizations in **83 countries.**



### Better products

We don't just want our products to be good; we want them to be the best. Whether a supplement is faster-acting, better-absorbed, filtered for optimal purity or simply contains more active ingredients, we're confident **you won't find better quality.**



### Innovative solutions

We thoroughly test and perfect our products with **doctors and nutritionists** to bring you the latest developments in nutritional supplements.



### Experts you can talk to

Our friendly advisors are at hand **7 days a week** over the phone or online.



**+90.312.4479678**  
[www.elbipharma.com](http://www.elbipharma.com)

## HEALTH DIETARY SUPPLEMENT

Elbi Pharmaceutical offers nutritional supplements produced to **meet the daily needs of vitamins and minerals for human health.**



## FAST AND COMPLETE DELIVERY TO EVERYWHERE IN THE WORLD

We know that every product demanded from us is valuable for human health. For this reason, it is our most important duty to send the requested products in the fastest and most complete way.



## NUTRITIONAL SUPPLEMENTS

Browse our range of immune support supplements to give your health a boost all year round.



Nutritional supplements are produced to ensure that nutrients are consumed in sufficient quantities. Nutritional supplements can be vitamins, minerals, amino acids, fatty acids and other substances provided in pill, tablet, capsule and liquid form.

Nutritional supplements are available in various doses and in different combinations. However, in order for the human body to function, only a certain amount of each nutrient is required, and higher amounts may not have a better effect. Some substances may show adverse effects at high doses and may be harmful. In order to protect consumer health, supplements may only be legally sold with the recommendation of an appropriate daily dose and the warning statement to avoid overdosing the dose.

Nutritional supplements are especially recommended for women during pregnancy by doctors.

Elbi Pharmaceutical offers nutritional supplements produced to meet the daily needs of vitamins and minerals for human health. However, it is worth mentioning that supplements do not replace a balanced and healthy diet. A diet that contains plenty of fruits, vegetables, whole grains, enough protein and healthy fats should normally provide all the nutrients needed for health.





# Immune Support

## IMMUNE SUPPORT

**Supporting your immune system is more important than ever.**

Taking vitamins alongside a healthy diet is an ideal immunity booster.



**elbi** pharma

# Supmax C VITAMIN C / VITAMIN D / ZINC



Vitamin C is one of the safest and most effective nutrients, experts say.

**500 MG**



**1 capsule a day**



**30 Capsules**



**Vitamin C benefits** are wide ranging and include contributing to the normal function of the immune system, to the reduction of tiredness and fatigue, as well as to the production of collagen for healthy blood vessels, bones, cartilage, gums, skin and teeth. Supmax's range of vitamin c supplements include vitamin c sachettes, capsules and effervescent tablets.

**Component:** L- ascorbic acid, Capsule, Gelatine (Beef), Titanium Dioxide E171, Zinc Sulphate, Maltodextrin, Silicon Dioxide E551, Cholecalciferol

**Recommended daily usage :** 1 capsule a day.

Suitable for ages 11 and older. Do not exceed recommended daily intake . Consult with your doctor before using supplements during pregnancy or breastfeeding , also if you are ill and using other medicines. Food supplements do not replace normal nutrition. Keep out of reach of children. Store in a cool and dry place. Expiry date and lot number are written on the bottle.

## **Ingredient**

**VITAMIN C**  
**VITAMIN D**  
**ZINC**

# Supmax C

EFFERVECENT & SACHES

C

Vitamin C is one of the safest and most effective nutrients, experts say.



**Vitamin C benefits** are wide ranging and include contributing to the normal function of the immune system, to the reduction of tiredness and fatigue, as well as to the production of collagen for healthy blood vessels, bones, cartilage, gums, skin and teeth. Supmax's range of vitamin c supplements include vitamin c sachettes, capsules and effervescent tablets.

**Recommended daily usage :** One a day.

Suitable for ages 11 and older. Do not exceed recommended daily intake . Consult with your doctor before using supplements during pregnancy or breastfeeding , also if you are ill and using other medicines. Food supplements do not replace normal nutrition. Keep out of reach of children. Store in a cool and dry place. Expiry date and lot number are written on the bottle.

## Ingredient

**VITAMIN C**  
**VITAMIN D**  
**ZINC**

# Vitamin D

CALSIUM / MAGNESIUM / ZINC



Vitamin D helps regulate the amount of calcium and phosphate in the body.

**500 IU**



**1 capsule a day**



**30 Capsules**



**Vitamin D** is needed for bones to absorb calcium, as well as for the normal functioning of the immune system and muscle function. All our formulations are made using the superior natural D3 form as opposed to the synthetic D2 version.

**Component:** Calcium Carbonate, Capsule, Gelatin (Beef), Titanium Dioxide E 171, Magnesium Oxide, Zinc Sulphate, Cholecalciferol

**Recommended daily usage :** 1 capsule a day.

Suitable for ages 11 and older. Do not exceed recommended daily intake . Consult with your doctor before using supplements during pregnancy or breastfeeding , also if you are ill and using other medicines. Food supplements do not replace normal nutrition. Keep out of reach of children. Store in a cool and dry place. Expiry date and lot number are written on the bottle.

## **Ingredient**

**VITAMIN D  
CALSIUM  
MAGNESIUM  
ZINC**

# Collagen

TYPE II COLLAGEN



Collagen is the protein responsible for skin elasticity. It also plays a role in bone health.

**40 MG**



**1 capsule a day**



**30 Capsules**



**Collagen** is responsible for a number of biological functions, one of which is to provide structural support in connective tissue, muscle and skin. Collagen is the protein responsible for skin elasticity, and it also plays a role in joint and bone health. There is no doubt that collagen can make your skin look more plumped and glowing, as it is the main structural protein in the skin, giving it strength and shape.

**Component:** Maltodextrin Methylsulfonylmethane, Capsule, Gelatin (Beef), Titanium dioxide E 171, Magnesium Oxide, Boswelia Extract, Devil's Claw Extract, Unmodified Type II Collagen, Zinc Sulphate, Hyaluronic Acid

**Recommended daily usage :** 1 capsule a day.

Suitable for ages 11 and older. Food supplements do not replace normal nutrition. Keep out of reach of children. Store in a cool and dry place. Expiry date and lot number are written on the bottle.

## Ingredient

**METHYLSULFONYLMETHAN**  
**BOSWELLIA SERRATA**  
**MAGNESIUM**  
**TYPE II COLLAGEN**  
**ZINC**  
**HYALURONIC ACID**  
**DEVIL'S CLAW EXTRACT**

# Multi Plus

GINSENG / Q10 / VITAMIN B



Ginseng has been shown to help reduce inflammatory markers and help protect against oxidative stress.



**Multi  
Vitamin**



**1 capsule a day**



**30 Capsules**

Multivitamin supplements are a great way to make sure you get enough of the right vitamins and minerals in your diet. That's why Elbi took the time to develop its range of multivitamin capsules to ensure there is something for everybody.

#### **Ingredient**

**GINSENG (PANAX GINSENG)**  
**COENZYME Q10**  
**VITAMIN B1 (THIAMIN HYDRA)**  
**VITAMIN B2 (RIBOFLAVIN)**  
**VITAMIN B3 (NIACIN)**  
**VITAMIN B5 (PANTOTHENIC ACID)**  
**VITAMIN B6 (PYRIDOXINE)**  
**VITAMIN B12 (COBALAMIN)**  
**BIOTIN(D-BIOTIN)**  
**PTEROILMONOGLUTAMIC ACID**  
**VITAMIN A (RETINYL ACETATE)**  
**VITAMIN C (L-ASCORBIC ACID)**  
**VITAMIN D (CHOLECALCIFEROL)**  
**VITAMIN E (DL-ALPHA TOCOFER)**  
**ZINC (ZINC SULPHATE)**  
**LRON (FERROUS SULPHATE)**  
**COPPER (COPPER SULPHATE)**  
**CHROMIUM (CHROMPICOLINATE)**  
**SELENIUM (SODIUM SELENITE)**  
**L ARGININE**

# Vitamin B12

B12 / Vitamin C / ZINC



Vitamin B12 is a nutrient that helps maintain healthy nerve cells and support proper brain function.

**500 MCG**



**1 capsule a day**



**30 Capsules**



Vitamin B12 is part of the vitamin B complex which consists of eight vitamins. B12 contributes to the production of healthy red blood cells, maintains healthy nervous and immune systems and supports normal neurological and psychological function.

**Component:** L- ascorbic acid, Maltodextrin, Capsule, Gelatine (Beef), Titanium Dioxide E171, Calcium carbonate, Zinc sulphate, Pyridoxine Hydrochloride, Silicon dioxide, Cyanocobalamin

**Recommended daily usage:** 1 capsule a day.

Suitable for ages 11 and older. Do not exceed recommended daily intake . Consult with your doctor before using supplements during pregnancy or breastfeeding , also if you are ill and using other medicines. Food supplements do not replace normal nutrition. Keep out of reach of children . Store in a cool and dry place . Expiry date and lot number are written on the bottle.

## Ingredient

**B12**  
**VIT C**  
**B6**  
**ZINC**  
**CALCIUM**

# Biotin B7 5000 MCG



Biotin boosts the health of the hair and nails and helps manage blood sugar levels.

**500 MCG**



**1 capsule a day**



**30 Capsules**



Biotin, also called B7, is part of the family of B vitamins. The vitamin is crucial for metabolism regulation and function of the nervous system. The nutrient is also essential for healthy hair, skin, and nails.

Besides healthy hair, skin, and nails, biotin plays a role in blood sugar regulation. Some evidence has shown that the supplement can help to lower blood sugar in patients with type 2 diabetes. Biotin is also crucial for pregnant women to prevent birth defects and maintain the health of the mother.

**Component:** Maltodextrin, Capsule, Gelatine (Beef), Titanium Dioxide E171, Silicon dioxide, D-biotin

**Recommended daily usage:** 1 capsule a day.

Suitable for ages 11 and older. Do not exceed recommended daily intake . Consult with your doctor before using supplements during pregnancy or breastfeeding , also if you are ill and using other medicines. Food supplements do not replace normal nutrition. Keep out of reach of children . Store in a cool and dry place . Expiry date and lot number are written on the bottle.

# Probiotic 5 Billion cfu



Probiotic-supplements are a way to add good bacteria to your body.

**5 Billion  
cfu**



**1 capsule a day**



**30 Capsules**



Taking live bacteria supplements and prebiotic supplements is a great way to boost the bacteria found in the digestive system. Elbi prebiotic and live bacteria tablets contain several carefully selected strains of 'friendly' bacteria and the nutrients to help them thrive.

**Component:** Maltodextrin, Capsule, Gelatin (Beef), Titanium Dioxide E171, Probiotic Microorganism, Silicon Dioxide (E551)

**Recommended daily usage :** 1 capsule a day.

Suitable for ages 11 and older. Do not exceed recommended daily intake . Consult with your doctor before using supplements during pregnancy or breastfeeding , also if you are ill and using other medicines. Food supplements do not replace normal nutrition. Keep out of reach of children . Store in a cool and dry place . Expiry date and lot number are written on the bottle.

## **Ingredient**

**LACTOBACILLUS ACIDOPHILUS  
LACTOBACILLUS RHAMNOSUS  
LACTOBACILLUS CASEI  
BIFIDOBACTERIUM BIFIDUM**

# MV MAX MULTI VITAMIN + MINERAL



Multivitamins are a combination of different vitamins normally found in food sources.

**Multi  
Vitamin**



**1 capsule a day**



**30 Capsules**



Multivitamin supplements are a great way to make sure you get enough of the right vitamins and minerals in your diet. That's why Elbi took the time to develop its range of multivitamin capsules to ensure there is something for everybody.

**Component:** L-Ascorbic Acid, Capsule, Gelatin (Beef), Titanium Dioxide E171, Nicotinamide, Maltodextrin, Magnesium Oxide, Zinc Sulphate, Iron Sulphate, Silicon Dioxide, Pyridoxine Hydrochloride, Pantothenic Acid, Beta Carotene, Pteroilmonoglutamic Acid, Cyanocobalamin, Chromium Picolinate

**Recommended daily usage:** 1 capsule a day.

Suitable for ages 11 and older. Do not exceed recommended daily intake. Store in a cool and dry place . Expiry date and lot number are written on the bottle.

## **Ingredient**

**VITAMIN B12**  
**VITAMIN C**  
**BETA CAROTENE (VIT A)**  
**VITAMIN B6**  
**ZINC**  
**CHROMIUM**  
**MAGNESIUM**  
**NIACIN VITAMIN B3**  
**FOLIC ACID**  
**LRON**  
**PANTOTHENIC VITAMIN B5**

# Omega 3

FISH OIL / OMEGA 3 / EPA / DHA



Omega 3 is such an amazing nutrient when it comes to supporting your overall health.

**1000 MG**



**1 capsule a day**



**30 Capsules**



Elbi's omega 3 supplements have a range of benefits for brain, heart and eye health. The omega 3 fatty acids DHA and EPA are found mainly in oily fish such as salmon, mackerel, sardines and fresh tuna. They are renowned for their health benefits and contribute to the normal function of the brain and heart, as well as the maintenance of eye health.

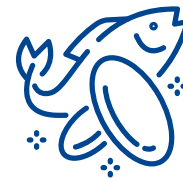
**Component:** Fish Oil, EPA, DHA, Capsule, Gelatin (Beef), Water, Glycerol (E 422)

**Recommended daily usage:** 1 capsule a day.

Suitable for ages 11 and older. Do not exceed recommended daily intake . Consult with your doctor before using supplements during pregnancy or breastfeeding , also if you are ill and using other medicines. Food supplements do not replace normal nutrition. Keep out of reach of children . Store in a cool and dry place . Expiry date and lot number are written on the bottle.

## Ingredient

**FISH OIL  
OMEGA 3  
EPA  
DHA**



# Green Tea

## ANTIOXIDANT HEALT



Green tea is loaded with polyphenol antioxidant and can have various beneficial effects on health.

**400 MG**



**1 capsule a day**



**30 Capsules**



We make our tablets using a high grade green tea extract of premium quality, specially formulated to provide high levels of polyphenols and catechin.

### Here are 10 possible health benefits of green tea

- Contains healthy bioactive compounds,
- May improve brain function,
- Increases fat burning,
- Antioxidants may lower the risk of some cancers,
- May protect the brain from aging,
- May reduce bad breath,
- May help prevent type 2 diabetes,
- May help prevent cardiovascular disease,

**Component:** Green tea extract, Capsule, Beef gelatin, Titanium dioxide E171, Cherry stalk, Maltodextrin, Silicon dioxide E 551

**Recommended daily usage:** 1 capsule a day. Suitable for ages 11 and older. Do not exceed recommended daily intake. Food supplements do not replace normal nutrition. Keep out of reach of children . Store in a cool and dry place . Expiry date and lot number are written on the bottle.

### Ingredient

**GREEN TEA LEAF  
CHERRY STALK**

# SLP/7



It helps you relax, unwind,  
get better sleep and wake up  
refreshed.



1 capsule a day



30 Capsules



The role of sleep on your overall health and well-being is becoming better understood from a scientific standpoint. There are many proven health benefits of getting adequate sleep. Most adults need between

7 to 9 hours of sleep per day. Getting less than 6 to 7 hours of sleep for just one night can have an effect on you the next day. And chronically missing out on sleep increases the risk of disease.

## Ingredient

**PASSIFLORA**  
**MAGNESIUM**  
**VALERIAN**  
**LEMON BALM**  
**CAMOMILE**  
**VITAMIN B1**  
**VITAMIN B3**  
**VITAMIN B5**  
**VITAMIN B9**

# Meno-Plus



It contributes to the production of hormones in the body and maintains bone health.

**38 MG**



**1 capsule a day**



**30 Capsules**



Soy beans contain hormone-like substances that copy the action of the female hormone oestrogen. It is thought soy can reduce menopausal symptoms.

More research is needed, but soybeans may help some women to manage menopausal hot flushes, even if only modestly.

## Ingredient

**SOY BEAN ISOFLAVONES**

# Folic Acid



Folic acid helps your body produce and maintain new cells.

**400 MG**



**1 capsule a day**



**30 Capsules**



These capsules not only help you avoid folic acid deficiency, they also support immune health, psychological functions, and help reduce tiredness and fatigue. For women who are planning a baby or in the early stages of pregnancy, this vitamin is doubly important, as it supports foetus development.

## **Ingredient**

**FOLIC ACID**

# Supmax LOZENGES

Elbi Supmax Lozenges provides fast acting relief which helps prevent sore throat pain from getting worse. Not only do Elbi Supmax Lozenges soothe your throat, they also help fight bacteria



- \* ORANGE FLAVORED LOZENGES WITH VITAMIN C & BETA GLUCAN - ZINC
- \* STRAWBERRY FLAVORED LOZENGES WITH BLACK CURRANT & LICORICE
- \* HONEY & LEMON FLAVORED LOZENGES WITH PROPOLIS
- \* GINGER FLAVORED LOZENGES WITH TURMERIC & SAGE

**SUPMAX Lozenges;** is to help temporary relieving throat discomfort.

**Warning:** Keep out of reach of children. If symptoms persist for more than 2 days, consult a doctor.

**Dosage:** Dissolve one lozenge in mouth slowly every 6 hours or as directed by physician.

**Storage:** Store in a cool & dry place below 25° C away from direct sunlight.



**elbi**  
pharma

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